

Autumn Outings Programme for Schools Residentials - 2022/23

5 day & 4 night option based on 40 pax

Day one	Day two		Day three		Day four		Day five
Arrival	Sea Survival Intro.		Keel	Deck work	Chart work	Radio Techniques	Cowes walk - or - Beach clean
Welcomes Skills for Life Team building and team orientation exercises Outdoor boat yard	Practical group A Pool and yard session Focus on an understanding of techniques required for survival at sea and ashore.	Theory group B PST sessions Focus on an understanding of techniques required for survival at sea and ashore.	Practical Afloat Rigging Crew work Sail settings Boat controls	Theory and practical Knots Lashings Rigging a double hander	Basic plotting Basic nav Chart vs. Maps Treasure hunt setup	Classroom based Radio use and communication techniques	
	Radio Techniques	Chart work	Deck work	Keel	Sea Survival Intro.		Departure
	Classroom based Radio use and communication techniques. MAYDAY	Basic plotting Basic nav Chart vs. Maps Treasure hunt setup	Theory and practical Knots Lashings Rigging a double hander	Practical Afloat Rigging Crew work Sail settings Boat controls	Practical group B PST sessions Focus on an understanding of techniques required for survival at sea and ashore.	Theory group A Pool and yard session Focus on an understanding of techniques required for survival at sea and ashore.	Certificates and celebration of success Skills for Life Sea.Change Presentation
Sports hall • Climbing • Archery • Volleyball	Pool session Group A • Water Polo Indoor Olympics • Round Robbins		Pool session Group B • Water Polo Indoor Olympics • Round Robbins		Crabbing Movie night		