

General Health and Safety

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Instructions
ASSESSMENT STAGE: Complete section A1; Identify hazards and assign pre and post likelihood and consequence scores (using a 3x3 or 5x5 matrix) in section A2. Control Measures to reduce risks can then be added.
MONITORING STAGE: Complete section M1; Score Control Measures in section M2 using a scale of 0-10 (10 being complete compliance); State further actions required in section M3.

Section A1 - Assessment Information

Reference / Title	RAW-001 Dinghy Sailing
Version	2.0
Location	UKSA
Organisation group	Watersports
Activity / item / area	Dinghy sailing
Person(s) at risk	Staff, Students

Risk matrix	High/Medium/Low
Assessor	Gary Kurth
Assessment date	08/08/2025
Risk matrix	Gary Kurth
Reviewed date	08/08/2025 [Timestamp: 14:15 08/08/2025]
Monitoring frequency	
Next review date	08/08/2026

Section M1 - Monitoring Information

Monitored by	
Monitoring date	[Timestamp:]
Location / Organisation group	
Score	0 %

Section A2 & M2 - Risk / Control Measures

Category	General
Hazard	Drowning
Description	Staff and Visitors by falling out of vessel or during capsize
Pre-control Risk level	High
Post-control Risk level	Medium

Control Measure	Score
Briefing	
Trained staff	
PPE	
Rescue equipment suitably located.	
Safety kit on session	
Head counts	
BA's checked and issued	

Evaluation / Score %	0
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Category	General
Hazard	Collision
Description	Staff and visitors by colliding with other craft, or head injuries resulting from contact with booms
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
PPE	
Trained staff	
Briefing	
Safety kit on session	

Evaluation / Score %	0
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Category	General
Hazard	Man Over Board
Description	Staff and visitors risk drowning or injury
Pre-control Risk level	High
Post-control Risk level	Medium

Control Measure	Score
PPE	
Briefing	
Safety kit on session	
Trained staff	
Brief staff	
Head counts	

Evaluation / Score %	0
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Category	General
Hazard	Personal Injury
Description	Staff and visitors due to defective features of the boat or improper use of equipment
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
PPE	
Trained staff	
Briefing	
Safety kit on session	
Fleet checks	
Equipment used for designated purposes	

Evaluation / Score %	0
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Category	General
Hazard	Hypothermia - cold
Description	Staff and visitors due to environmental conditions
Pre-control Risk level	High
Post-control Risk level	Low

Control Measure	Score
Trained staff	
PPE	
Briefing	
Brief staff	
Monitor environment	

Evaluation / Score % 0

Category	General
Hazard	Hyperthermia - hot
Description	Staff and visitors due to environmental conditions
Pre-control Risk level	High
Post-control Risk level	Low

Control Measure	Score
Trained staff	
PPE	
Briefing	
Brief staff	
Monitor environment	

Evaluation / Score % 0

Category	General
Hazard	Group Control Whilst Afloat
Description	Visitors behaviour and conduct impacting safety
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Briefing	
Brief staff	
Head counts	
Check medical details	

Evaluation / Score % 0

Category	General
Hazard	Guest Medical Issues
Description	Visitors not declaring medical info.
Pre-control Risk level	High
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Brief staff	
Check medical details	
If not present, halt activity	
Chief Instructor to support	

Evaluation / Score % 0

Category	General
Hazard	Unstable simulator
Description	Staff and visitors injured by improper use
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Briefing	
Brief staff	
Equipment used for designated purposes	

Evaluation / Score % 0

Category	General
Hazard	Boom hitting student and others
Description	Staff and visitors injured by improper use
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Briefing	
PPE	
Brief staff	

Evaluation / Score % 0

Category	General
Hazard	Falling
Description	Staff and visitors injured by improper use. When climbing in/off the boat
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Briefing	
Brief staff	
PPE	
Foot wear appropriate	

Evaluation / Score % 0

Category	General
Hazard	Rudder
Description	Staff and visitors injured by improper use. Rudder Hitting others
Pre-control Risk level	Medium
Post-control Risk level	Low

Control Measure	Score
Trained staff	
Briefing	
Brief staff	
Suitable environment	

Evaluation / Score %	0
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